

The University of Tokyo Study Abroad/Student Exchange Program Report Form (for programs from a week to 3 months)

/Date

ID

/Program

/Program info. _____

/Host university

/Program period YYYY/MM/DD

/Faculty/Graduate School at UTokyo

/Year at the time of Study Abroad

/Reason for choosing this period to participate
/How and why did you decide to participate?

/About the program you participated in

/Overview
/Activities you took part in other than this program
/Details of the activities you chose in other than this program
How did you spend the weekends and vacations?
/How did you think about the program time slot (time-zone difference)
/How was the length of the program?

/About preparations and procedures before participation

/Procedures for participation

	/Procedures required by faculties or graduate schools at UTokyo
/Language preparation	

/Expenses of participation	
/Airfare	/JPY
/Payment to host institution (tuition, facilities fee, etc.)	/JPY
/Textbook / Book	/JPY
/Overseas travel insurance fee (designated by U)	/JPY
/Insurance and/or social security (required by host institution/region/country)	/JPY
/Additional comments	

/Monthly cost of living during the study abroad period	
/Rent	/JPY
/Food	/JPY
/Transportation	/JPY
/Entertainment/Leisure	/JPY
/ Additional comments	

/Reflection

/Impact of the participation on yourself or your thoughts

/Impact of the program on your thoughts for a career or

job hunting

/Career/Occupation (planned)

/Any messages or advice for future participants

/Websites or publications which were useful while preparing

for or during your time overseas