

Guidelines to Prevent the Spread of COVID-19

(For all UTokyo students, faculty and staff)

(1) Implementation of basic infection control measures

- **Avoiding the “Three Cs”, “Ensuring distance between people”, “Hand hygiene such as washing hands”, “Ventilation”, etc.**
- **Wearing a mask is based on respecting the subjective choice of individuals and entrusting it to individual judgment. However, please respond appropriately in the following cases.**

*When the instructor in charge of the class determines that it is necessary to wear masks due to the style or method of the class, or not wearing one when the instructor in charge of the class determines that masks interfere with the operation of the class.

*The following situations where wearing a mask is effective in the "Review of the concept of wearing a mask" decided by the government on February 10.

When visiting medical institutions or facilities for the elderly, etc.

When travelling on crowded trains or buses, such as during rush hours.

When a person with a high risk of becoming seriously ill goes to a crowded place during a period when infection is spreading, etc.

- **If you feel unwell, please refrain from going to school or work.**

(2) If you become infected with the coronavirus infection