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The University of Copenhagen is one of the oldest universities in Denmark, having been established in 1479, and with the number of researchers and students it is also the largest academic institution of higher learning. As a comprehensive university it has eight faculties with more than 100 departments and research centres. The University of Copenhagen has been consistently ranked as one of the top universities in the world across several academic rankings.

I wanted to learn about a topic related to my major from an interdisciplinary manner, and this course offers just this. One of my motivations was to immerse in a highly academically intense environment. I also wanted to forge international friendships, and through the diversity of participants it was very easy to do so.

Read the details provided both by Todai and the host university carefully to make sure all information has been furnished. If possible, start early.

As I will not be receiving any credits for this course no special documents/procedures were re  
form to inform the department that I will be away from Japan for the designated period of time.

to inform my supervisor and research department ahead of time.

As I am a native English speaker there was no need to do any form of language preparation for this summer programme.

Travel insurance, and making sure that credit cards (or ATM cards etc.) are usable when overseas.

My course was titled 'Interdisciplinary Aspects of Healthy Ageing'. I am not intending to transfer credits for this course so extra procedures are not needed.

The course is structured in a way that we have a week of lectures, followed by another week of independent research within a group. A final presentation and a written report were required at the end of the programme. The course taught about ageing from various perspectives, and henceforth all lectures were equally interesting.

A reading list will be recommended prior to arrival. Do them if possible so as to get the most of lectures as you will have more background information to work with. Also try to ask questions and give critical comments whereby possible as they will facilitate classroom discussion and also make the learning curve steeper.

Not applicable.



The campus we were based at.

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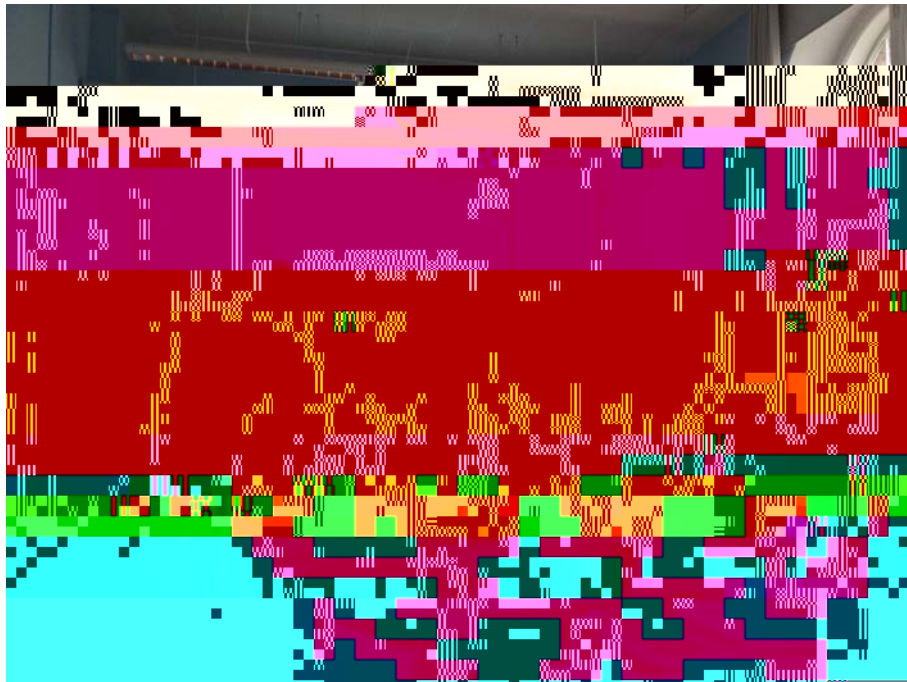
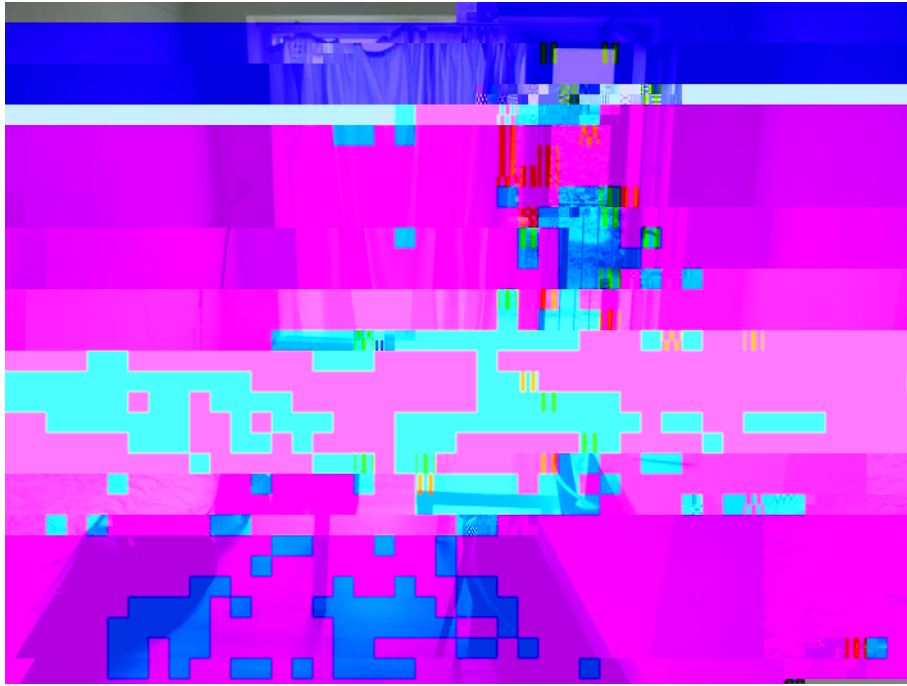
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Field Trip

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## 2012 IARU Global Summer Program

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## 2012 IARU Global Summer Program

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